

# CERTIFICATE OF PARTICIPATION

This is to certify that

**Lizette Prinsloo**

Has successfully participated & completed the  
**10km Cowhouse Winter Trail Run 2017**  
held at Cowhouse Market.

**TIME 00:58:38**

**PACE 05:51/km**  
**OVERALL 25 of 70**

**GENDER 7 of 39**  
**40 - 49 4 of 14**

29 July 2017, Sat

Date



*BoutTime*

Signature

